

In a web browser, visit:  
<http://www.yousendit.com/>

The screenshot shows the 'Send a file now' form on the YouSendIt website. The form is set against a light blue background and includes the following fields and options:

- To:** (Separate multiple emails by comma) - An empty text input field.
- From:** - An empty text input field with a checked checkbox labeled 'Remember my email'.
- Subject (optional)** - An empty text input field.
- Enter message (optional)** - An empty text area.
- Select a file (Max Size 100 MB) Larger file?** - A file selection interface with a 'Browse...' button and a link for 'Add another file'.
- Options:** Four unchecked checkboxes: 'Premium Delivery [+]', 'Password-Protected Secure Delivery [+]', 'Certified Delivery with Tracking [+]', and 'Return Receipt [+]'.
- SEND IT** - A green button with a paper airplane icon.

Below the form, a disclaimer reads: 'By clicking on the "Send It" button, you agree to YouSendIt's [Terms of Service](#).'

• For TO, enter  
nriads@news-record.com

• For FROM, enter your email address

• For Subject and Message, please  
include the name of the organization  
the ad is for

• Upload your file(s). For best  
performance, compress your files  
using a ZIP software

• Leave the sending options unchecked

• Send It